

MONTHLY WRAP-UP

HSSEQ BULLETIN 2023

JANUARY 2023 ISSUANCE

KY MESRA PUBLICATION - BRINGS YOU HEALTH, SAFETY,
SECURITY, ENVIRONMENT AND QUALITY UPDATES

JANUARY 2023

MONTHLY WRAP UP

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Good words for Great Souls

BY DAVID FOSTER WALLACE

If you're automatically sure that you know what reality is and who and what is really important, if you want to operate on your default setting, then you, like me, probably won't consider possibilities that aren't annoying and miserable. But if you've really learned how to think, how to pay attention, then you'll know you have other options. It will actually be within your power to experience a crowded, hot, slow, consumer hell-type situation as not only meaningful, but sacred – on fire with the same force that lit the stars: love, fellowship, the mystical oneness of all things deep down.



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HSSE MONTHLY STATISTIC

January 2023

KY MESRA SDN BHD

SAFETY PERFORMANCE INDICATOR



NCR: 0



Lost time Injury: 0



Restricted Work: 0



Medical treatment: 0



First Aid Treatment: 0



AT THE END OF THE DAY, THE GOALS ARE SIMPLE: SAFETY AND SECURITY."

HSSE monthly statistics - CBRE



NM/PI Finding January



2 Site damage



3 Equipment Failure

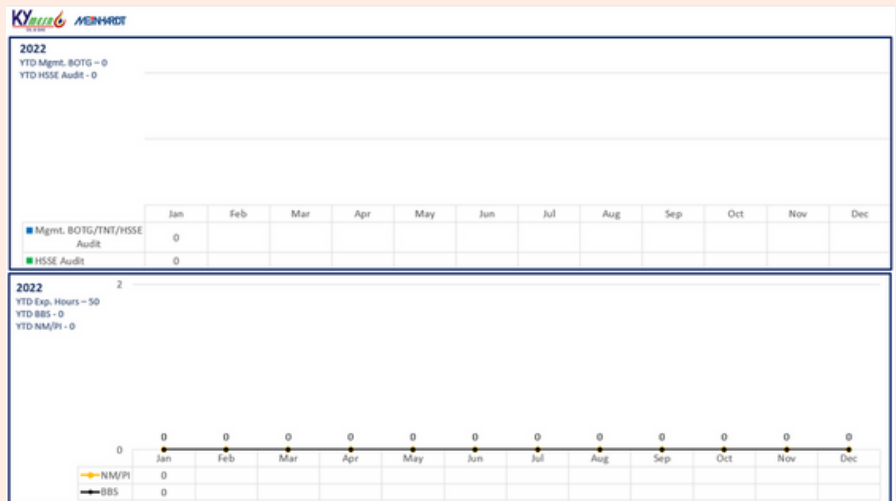


1 Slips, and trips



1 Customer Negligence

HSSE monthly statistics - Meinhardt



NM/PI Finding January

- There is no project in progress



QAQC FLASH

Introduction to QCLASSIC

BY NURQISTINA

QCLASSIC or Quality Assessment System in Construction is a system or method to measure and evaluate the workmanship quality of a building construction work based on Construction Industry Standards (CIS 7:2006).

QCLASSIC enables the quality of workmanship between construction projects to be objectively compared through a scoring system.

Scope of Work of QCLASSIC:



QCLASSIC Objectives:

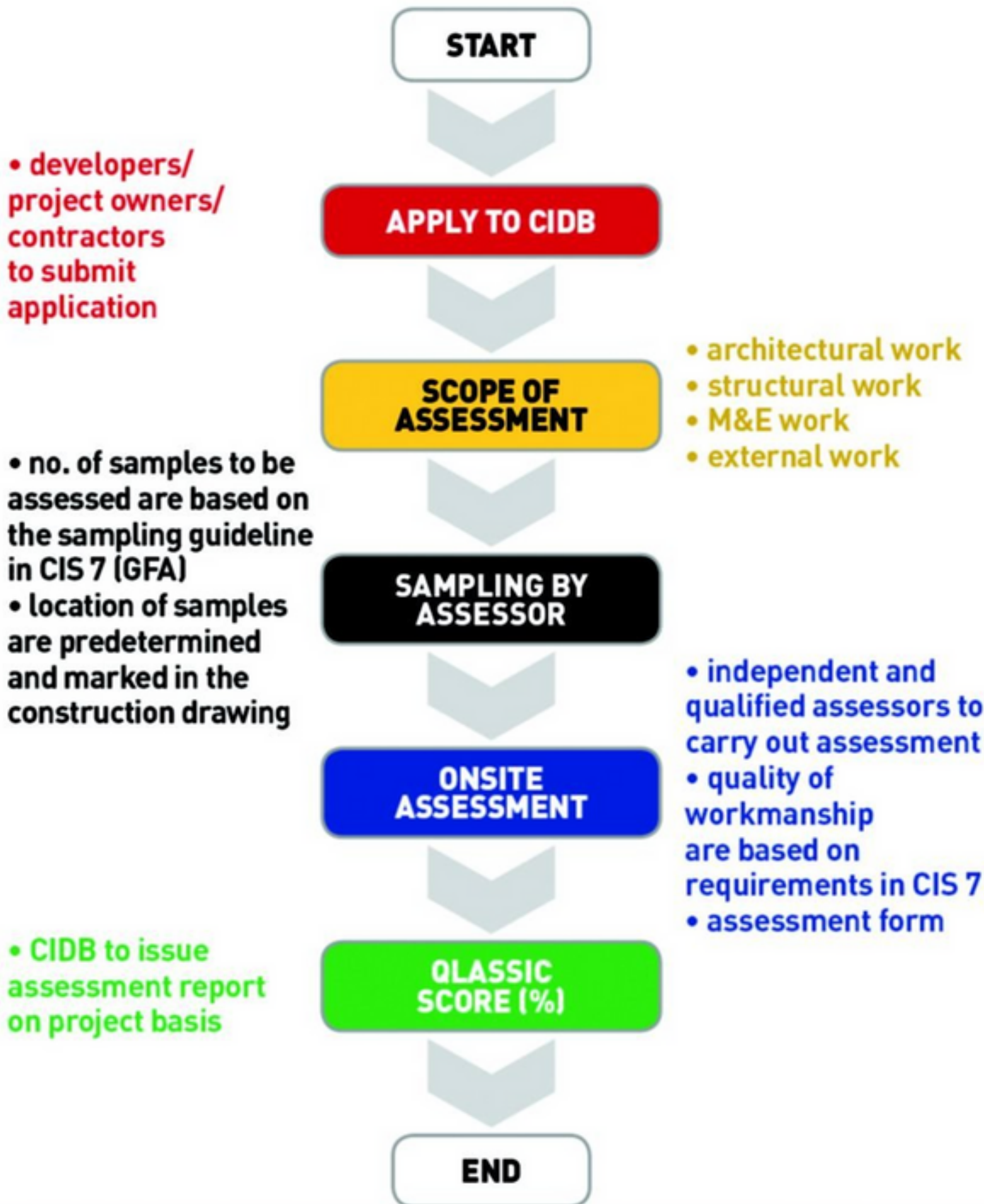


The idea of control and improvement are confused with another. This is because quality control and quality improvement are inseparable

KAORU ISHAKAWA



WHAT IS THE QCLASSIC ASSESSMENT PROCESS?



HSSE MONTHLY UPDATES

LIFTING WORK

DATE: 05/01/2023
LOCATION: SHELL SECOND LINK (GEMILANG PETROMART)

On 4 January 2023, an unexpected incident has occurred at Shell Second Link, Johor which is a lorry has hit the canopy. This incident cause property damage to the station. Our company has been responsible to conduct a lifting work to remove the damaged canopy.



This lifting work involving three cranes in order to lift up the canopy. The responsible lifting supervisor comes with proper planning and procedure to ensure the work goes smoothly and to prevent any unexpected accident and unsafe condition. The process to lift and remove the damaged canopy were three days. Our teams successfully completing the job given successfully without any unwanted accident happens.



LCSC Q4 MEETING & LUNCHEON

DATE: 12/01/2023
LOCATION: ISPACE TTDI

On 12 January 2023, our company has been invited to join LSCS Q4 Meeting & Luncheon at ISpace TTDI. The program started with a safety briefing by ISpace Management and was followed by an opening speech from LCSC Chairman and SHELL representative. The event is continued with the 2022 reflection and 2023 LCSC Road Map briefing session. This session ensures that all contractors have the same goals and strive to achieve them.

During this program, KY Mesra was awarded the 'Best Performance Demonstrations Q3 and Q4' by Meinhardt and "Best Contractor 1st Runner Up" by CBRE.



"Thank you for all hard work and dedication thru out 2022 and let strive more achievement for 2023"

HSSE MONTHLY UPDATES

OSH COORDINATOR TRAINING

DATE: 16-18/01/2023
LOCATION:MSOSH

From 16 to 18 January 2023, our company sent two staff for Occupational Safety and Health Coordinators (OSHC) at MSOSH Damansara. This training is one of the initiatives from KY Mesra to produce more competent person in order to help the safety team in taking care our frontline's safety at the site. Furthermore, this competency is also to fulfill our main contractor requirement in safety and health at the site.



This training comes out with eleven topics which cover OSH knowledge, OSH legislation (FMA 1967 and OSHA 1994), chemical management, and etc. Throughout this session, our company representatives gain a lot new info and knowledge that can enhance their skills.



BRIEFING (HSSE INFORMATION & UPDATES)

DATE: 31/01/2023
LOCATION:KYM STORE

A short briefing has been conducted at our store st Balakong to our frontlines. This briefing has been held to update the HSSE changes that have been made. The purpose of the briefing is to ensure all our frontlines are up to date and do not miss any new updates regarding HSSE. The briefing consists of the Appreciation and Intervention form, CBRE BOTG+LMRA-A, and Safety Hero Evaluation details. In this session, our Assistant Safety Manager (ASM), Syuhadah Shahirah taught them how to fill up the new form.



During the briefing, all our frontlines show their full attention and actively ask questions regarding the briefing conducted.





NOISE EXPOSURE LIMIT IN WORKPLACE

BY WAN NUR'AIN AWANIS

Noise at work can lead to a significant loss of quality of life for workers according to noise regulations. Exposure to loud noise may cause hearing loss and/or tinnitus, (which is a sensation of noises such as ringing or buzzing in the ears). This may leave employers vulnerable to compensation claims. Unless the site has good records to show that it has managed noise and taken all reasonable steps to eliminate noise by respecting noise regulations, then it can leave itself open to litigation.

How Loud is Too Loud?

The loudness of sound is measured in units called decibels (dB). The decibel is measured on a logarithmic scale. This means that a small change in the number of decibels results in a large change in the amount of noise and the potential damage to a person's hearing.

The higher the decibel level, the louder the noise is and the shorter the amount of time it takes for hearing loss to occur. Below are the differences of limit exposure between FMA (Noise Exposure) Regulation 1989 and OSHA (Noise Exposure) Regulation 2019

FACTORIES AND MACHINERY (NOISE EXPOSURE) REGULATIONS 1989	OCCUPATIONAL SAFETY & HEALTH ACT (NOISE EXPOSURE) REGULATION 2019
Warning Signs	Hearing protection zone
General information on Audiometric testing programme	Audiometric testing – detailing the scope of work for employer, ATC and OHD.
Medical Practitioner	OHD
No requirement on registration of ATC	Registration of ATC
Fine not exceeding Penalty RM1,000	Fine not exceeding Penalty RM10,000 or imprisonment for a term not exceeding 1 year or BOTH
PEL ≥ 90 dBA, > 115 dBA (max), > 140 dB (peak)	NEL > 85 dBA, > 115 dBA (max), > 140 dBC (peak)
Action Level : 85 dBA	Action Level : 82 dBA
Exchange rate : 5 dBA	Exchange rate : 3 dBA
Audiometric Baseline : 6 months	Audiometric Baseline : 3 months

With a decrease of even a few decibels, the risk of noise-induced hearing loss at the workplace can be reduced slowly. OSHA recommended to create a better control in order to lessen hazardous noise exposure and prevent hearing loss.

"Take care of noise before it reduce your hearing capability"



Congratulation

KY MESRA SDN BHD

**SAFETY HERO OF THE MONTH
(JANUARY 2023)**



THANK YOU FOR YOUR HARD WORK
HAFIZ MURTADZA



Chinese New Year Celebration



新年快乐
HAPPY
CHINESE
NEW YEAR
2023
YEAR OF THE RABBIT

